



the Exclusive

A unique perspective on our campus

Volume 2 :: Number 12
August 2014

Birthday Giving _____	2
Special RT Announcement _____	3
Crossword Treasure Hunt _____	3
How do you... RELAX? _____	4
Zap Stress Fast _____	4
Best Speech _____	6
Albert Einstein _____	7

INSERT
KUPSL Calendar of Events



L-R: **Leonardo Aguilar, Pedro Flores, Ms. K. Fitzgerald, Kerry Young, Zallema Adalsha, Ms. N. Mitchell, Mercedes Pena, James Poole, Leilani Blackburn, and Brittany Gizzarelli.**
Used with permission.

SUBMIT* for September 2014 Issue by:
Aug. 19, 2014 @ 12 noon

**EARLIER SUBMISSIONS WILL HAVE
PRIORITY PLACEMENT!**

No guarantee of inclusion is made or implied for entries made after the above date and time.

If space doesn't allow for an approved submission, due to volume of entries, article length, or other reason, it may be held for a future issue.

*The Exclusive runs on a "first submitted, first considered" basis.

SRatcliff@KeiserUniversity.edu for all submissions and newsletter inquires.

Credits
Editor Samantha Ratcliff
Proofreader Dawn Taggblom

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Once in a Lifetime

Neisha N. Mitchell, MSHSA, R.T. (R) (CT)
Radiologic Technology Program Director

ON JUNE 26TH, the RT faculty and RT core students attended the 2014 American Society of Radiologic Technologists (ASRT) Educational Symposium and Annual Governance and House of Delegates Meeting in Orlando, Florida. The symposium was held at the Rosen Plaza Hotel on International Drive. This was a once-in-a-lifetime opportunity for the Keiser Radiologic Technology students, as our curriculum design does not allow for the usual week-long student seminars that occur every year. This was a one day event and it was within driving distance.

Students had the opportunity to listen to six different lectures; there were 22 lectures offered on the day, but they

occurred simultaneously. Some of the topics included the following:

- 🦋 Medical Imaging Informatics and You
- 🦋 Radiology as a Piece of Evidence in Neglect and Child Physical Abuse Cases
- 🦋 Cross-sectional Anatomy and Pathology
- 🦋 Infection Control: How to Improve the Clinical Environment for You and Your Patients
- 🦋 A Walk Through Imaging Pathology
- 🦋 Case-based Active Learning Strategies to Promote Effective Communication and Patient Assessment
- 🦋 Understanding Autism for Imaging
- 🦋 Wartime Medical Imaging: Practical Application in Your Hospital
- 🦋 Continuing Qualifications Requirements

Continuation from page 1

The students thoroughly enjoyed the series of lectures. Some information was reinforced from classes in the program while some information was new to the students. The conference was free for student members of the ASRT. Some students did do a small fund raiser which consisted of a bake sale to be able to join the ASRT, which costs \$35 for students. This experience provided excellent educational information and gave the students an opportunity to interact with other professionals in the field, plus learn about the advancements and strides the profession is making in healthcare. Students had the ability to see how they can make a difference in the lives of patients they care for and contribute to the development and advancement of their chosen profession.

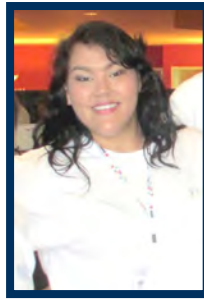
Student Comments



"I just wanted to tell you that I had such a great time at the conference. I feel so thankful to have been included, and to be a part of the RT program. The seminars were very informative and it was such a wonderful learning experience." – **Bridget Tromba**



"I really enjoyed the conference. It was great to be surrounded by so many professionals in the field. The lectures were interesting and very informative." – **Lisa Tyner**



"I had so much fun, and enjoyed the experience of networking with so many professionals and students from other areas. I can't wait until our event in August." – **Leilani Blackburn**



"The lecture that I enjoyed the most is the one about infectious control. I feel he was very informal and provided useful information on how to prevent spreading bacteria." – **Mercedes Pena**



"My feeling on how the symposium would be and how it turned out to be were one and the same. I thought it would be a group of guest lecturers on differing subjects and also an expo on new radiologic equipment. The content of the lectures was something I did not anticipate. Some of the most interesting lectures on paper turned out to be not so interesting in reality, and vice versa. The first lecture I attended was about the field of informatics and how one might move into that realm from the tech world. I am not one of the younger students in the RT program so I am constantly thinking about the longevity of my career in the field and after that lecture I am now considering a move in that direction." – **Timothy Rousseau**

Birthday Giving

by Llanie Ranzer Nobile, Ph.D.,
University Department Chair for:
Biotechnology and Biomedical Sciences

LOOKING FOR A BIRTHDAY PARTY Idea for your child? Consider supporting one of Keiser University's many charities. Dr. Ranzer's daughter, Talan, decided to donate gently used books to the 4C's charity for her 8th birthday. Talan and her two "best friends forever" donated over 50 books between the three of them to the charity.



From the 4Cs website: Our Mission is to provide top quality, gently used clothing and a helping hand towards literacy to underprivileged children in Martin County at no cost. As children develop their self identity and self-esteem, clothing becomes a powerful tool for establishing a healthy self-image. At each visit, children are also invited to take home a book and a stuffed animal. We serve the children in our community to promote and reinforce positive self-image and confidence in our youth.



Contact info for The 4Cs
www.the4Cclub.com
772-221-8777
7985 SW Jack James Drive
Stuart, FL 34997



RADIOLOGIC TECHNOLOGY IS proud to announce the following students who will be pinned this August!

- Amanda Stovall**
- Ellen Holesha**
- Esperanza Barrios**
- Joshua Eustace**
- Kelbey Warren**
- Rayan Velho**
- Steven Cruz**
- Timothy Rousseau**

THE WRITING STUDIO
WHERE WRITING GETS BETTER!

Whether you're stuck with a paragraph or a research paper - help is here!

See Mr. Cameron Today!*

M, T, R 11:30am -7:00pm,
W 11:30am-5:00pm, F 11:30am-5:00pm

*TIMES LISTED SUBJECT TO CHANGE EACH SEMESTER

DID YOU KNOW?

You can check your grades online.

Ask your instructor or one of the librarians!

Keiser Crossword Treasure Hunt

COMplete the crossword. Find the answers from around campus, in print or by asking someone. **The FIRST student to bring Samantha this crossword correctly filled out by NOON on August 18 (or earlier) will receive THURSDAY, AUGUST 21 as a FREE SPIRIT DAY!***

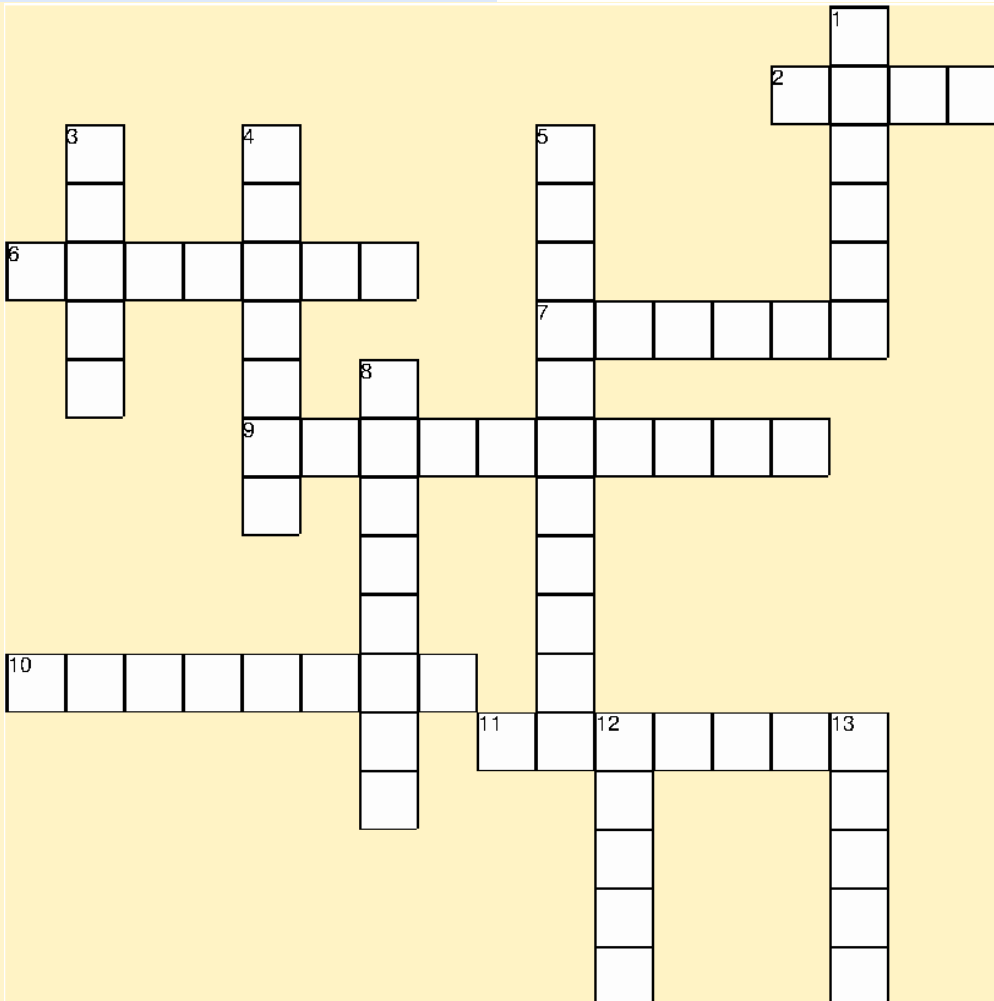
Across

- 2.** The __ Drive is ongoing. Most people have this kind of drive in November or December.
- 6.** Leslie Haviland, Associate Director of Student Services, participated in the charitable event, __ with the Stars.
- 7.** The Graduate Success Wall of Fame has spots for __ success stories. (Hint: the number of frames.)
- 9.** Among other services, Leslie Haviland, Associate Director of Student Services, assists with job leads, resumes and the __ Distinction Program.
- 10.** Security Officer Paul's last name is __.
- 11.** One of the Bursars is Maria __.

Down

- 1.** Typically, SGA meetings occurs on the second __ of each month.
- 3.** Student Services sells Spirit Day KU Shirts for \$3 each. They range in size from __ to 4X.
- 4.** Samantha's office walls are covered mostly in pictures of __. (Hint: it is a broad description, not specific.)
- 5.** The Q in Dean Q stands for __. (Spelling counts.)
- 8.** In front of the Massage Clinic (Rm 225) there are 2 couches between them is a table with a fake plant. This 'plant' is in a __ can.
- 12.** There are __ birds in the bird sculpture behind the front desk.
- 13.** Keiser University was established in 197__.

**The Free Spirit Day prize is ONLY for Thursday 8/21/14. It will not be redeemable for cash or able to be used for any other day; it will not be reissued for any reason.*



How do you... RELAX?

WE ALL KNOW we live in a hectic, “get-it-done-yesterday” world. So how the heck do you figure out how to relax? We all know the health experts agree that our bodies need a time-out to recharge, regardless of how many “have-to-get-it-done-nows” we have.

So... what to do? Just relax. *Yeah right, but what do I do? Shouldn't I be doing something more... productive? Isn't "relaxing" just another way of saying "lazy?"* No “little voice inside our heads,” it's NOT lazy. It IS productive. It is productive to give your body the recharge it needs to grab hold of the next project with the tenacity of a dog on a steak. It's no different than doing prep work on that homework assignment or project the boss needs done by the end of the week.

If you need to literally schedule in a day to relax, consider using National Relaxation Day that always occurs on August 15. It would be at least ONE day a year!



Relax: Enjoy yourself at a pool.

Many of us may remember when we were kids and we weren't so stressed. We didn't have our “adult responsibilities” yet. We took the time to just watch a bunch of ants do their thing, the clouds billow by, or the wind play with the branches on the tree outside the window. Those “stolen” moments of time left us with a good feeling, maybe a good memory or two. We may have spent 20 minutes gazing at grazing birds in a neighborhood through the window, but we look back now with a hint of jealousy of the kid we were. Wondering how we recapture some of that?

For those of you who wish to recapture, or to some of you who grew up too quickly and would like to experience it: we asked the faculty and staff what they did to relax. Here's what some of them do. Maybe their techniques will give you inspiration.



From **Ms. Dalessio-Gruneberg**, Dietetics & Nutrition Instructor: I am a Registered Yoga Teacher (RYT). Studies show simple meditation and gentle yoga not only promotes good health, it relaxes the body and mind, bringing a sense of stillness and well-being in this frenetic world we live in. It doesn't take a lot of time but it does a lot of good. If you are unfamiliar with meditation, you could try reading *8 Minute Meditation* by Davich; *Miracle of Meditation* by Thict Nhat Hanh, and/or *How to Meditate* by Chodron. Of course attending a gentle or restorative yoga class will also introduce relaxation and all the studios around here have them, as well as workshops.



From **Ms. J. Snyder**, UDC BS Sports Medicine & Fitness Technology & BS Exercise Science: If it is true that a picture says a thousand words, then my most favorite way to relax is by spending time with Willie, my new horse!! Ahhh... re-laxxxx! Willie is a 7-year-old rescue from “Florida TRAC” (Thoroughbred Retirement and Adoption Center) with whom I do volunteer work. He was actually rescued from an illegal slaughter house (if you can believe it) just in time. We've been training together the last two months. Here is another shot of him under saddle .



From **Dawn Taggblom**, Librarian: She has a nice list to choose from...

1. Couch time with husband!
2. Quality time with the cats
3. Listen to classical or country music
4. Meander around Facebook
5. Believe it or not: READ ©

A simple Google search about relaxing brought us to this WebMD article; maybe you will find it helpful...

10 Relaxation Techniques That Zap Stress Fast

by Jeannette Moninger, WebMD Author
Source: webmd.com/balance/guide/blissing-out-10-relaxation-techniques-reduce-stress-spot

RELAX. YOU DESERVE IT, it's good for you, and it takes less time than you think.

You don't need a spa weekend or a retreat. Each of these stress-relieving tips can get you from *OMG* to *om* in less than 15 minutes.

1. Meditate

A few minutes of practice per day can help ease anxiety. “Research suggests that daily meditation may alter the brain's neural pathways, making you more resilient to stress,” says psychologist Robbie Maller Hartman, PhD, a Chicago health and wellness coach.

It's simple. Sit up straight with both feet on the floor. Close your eyes. Focus your attention on reciting -- out loud or silently -- a positive mantra such as “I feel at peace” or “I love myself.” Place one hand on your belly to sync the mantra with your breaths. Let any distracting thoughts float by like clouds.

2. Breathe Deeply

Take a 5-minute break and focus on your breathing. Sit up straight, eyes closed, with a hand on your belly. Slowly inhale through your nose, feeling the breath start in your abdomen and work its way to the top of your head. Reverse the process as you exhale through your mouth. "Deep breathing counters the effects of stress by slowing the heart rate and lowering blood pressure," psychologist Judith Tutin, PhD, says. She's a certified life coach in Rome, GA.

3. Be Present

Slow down. "Take 5 minutes and focus on only one behavior with awareness," Tutin says. Notice how the air feels on your face when you're walking and how your feet feel hitting the ground. Enjoy the texture and taste of each bite of food. When you spend time in the moment and focus on your senses, you should feel less tense.

4. Reach Out

Your social network is one of your best tools for handling stress. Talk to others -- preferably face to face, or at least on the phone. Share what's going on. You can get a fresh perspective while keeping your connection strong.

5. Tune In to Your Body

Mentally scan your body to get a sense of how stress affects it each day. Lie on your back, or sit with your feet on the floor. Start at your toes and work your way up to your scalp, noticing how your body feels. "Simply be aware of places you feel tight or loose without trying to change anything," Tutin says. For 1 to 2 minutes, imagine each deep breath flowing to that body part. Repeat this process as you move your focus up your body, paying close attention to sensations you feel in each body part.

6. Decompress

Place a warm heat wrap around your neck and shoulders for 10 minutes. Close your eyes and relax your face, neck, upper chest, and back muscles. Remove the wrap, and use a tennis ball or foam roller to massage away tension. "Place the ball between your back and the wall. Lean into the ball,

and hold gentle pressure for up to 15 seconds. Then move the ball to another spot, and apply pressure," says Cathy Benninger, a nurse practitioner and assistant professor at The Ohio State University Wexner Medical Center in Columbus.

7. Laugh Out Loud

A good belly laugh doesn't just lighten the load mentally. It lowers cortisol, your body's stress hormone, and boosts brain chemicals called endorphins, which help your mood. Lighten up by tuning in to your favorite sitcom or video, reading the comics, or chatting with someone who makes you smile.

8. Crank Up the Tunes

Research shows that listening to soothing music can lower blood pressure, heart rate, and anxiety. "Create a playlist of songs or nature sounds (the ocean, a bubbling brook, birds chirping), and allow your mind to focus on the different melodies, instruments, or singers in the piece," Benninger says. You also can blow off steam by rocking out to more upbeat tunes -- or singing at the top of your lungs!

9. Get Moving

You don't have to run in order to get a runner's high. All forms of exercise, including yoga and walking, can ease depression and anxiety by helping the brain release feel-good

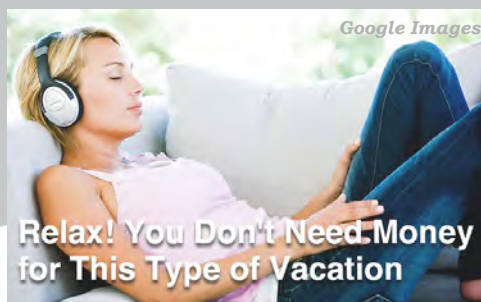
chemicals and by giving your body a chance to practice dealing with stress. You can go for a quick walk around the block, take the stairs up and down a few flights, or do some stretching exercises like gentle head rolls (not "snaps") and shoulder shrugs.

10. Be Grateful

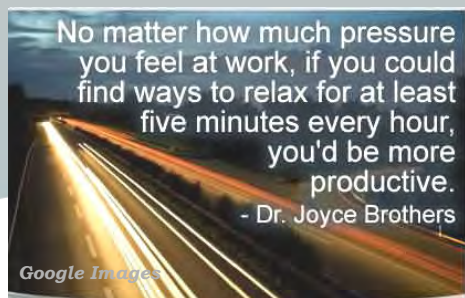
Keep a gratitude journal or several (one by your bed, one in your purse, and one at work) to help you remember all the things that are good in your life. "Being grateful for your blessings

cancel out negative thoughts and worries," says Joni Emmerling, a wellness coach in Greenville, NC. Use these journals to savor good experiences like a child's smile, a sunshine-filled day, and good health. Don't forget to celebrate accomplishments like mastering a new task at work or a new hobby.

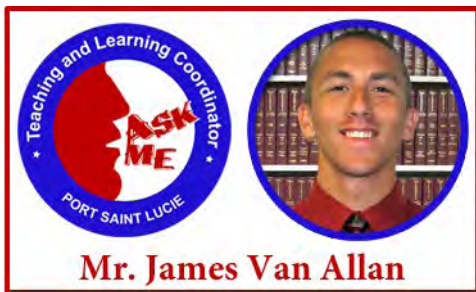
When you start feeling stressed, spend a few minutes looking through your notes to remind yourself what really matters.



Even if you don't "catch the big one," you may still relax while fishing by yourself or with family/friends. Enjoy the day!



Designed with toddlers in mind to calm down, some adults create these pretty "time out" bottles to have some down-time for themselves. When the glitter settles, you can go back to work, studying, etc.



Mr. James Van Allan

The Best Speech on Education...Ever

IT'S A RARE OCCURRENCE when something can be called the 'Greatest of All Time' but that is exactly what many have called a 2012 speech on education by Colorado State Senator Michael Johnston. It is the type of speech and experience that will make you sit back in your chair and self-reflect on just what is possible in this world. Does the perception of other people really matter? This is a man who served as a principal in one of the worst schools in Colorado, aimed for 100% college acceptance and achieved it.

Johnston was asked to be principal of a school that had been shut down, re-tooled, and re-opened as a smaller school in Colorado. The school was notorious for low achieving students, drop-outs, and behavioral issues; a restart was just what they needed. On the first day of school, Johnston took all the freshmen and sophomores and formed a circle on the football field. He announced to them that research has proven with this school that half of all students will fail. If it were up to some people within the district, half of the students in the circle should just be sent home now as there is no hope. Johnston made a commitment to each student that the teachers and administrators would work their best to make sure each of them earned their spot at a four-year university when they graduated high school. Many people, including the students, laughed and thought the proclamation was a bit far-fetched.

Johnston took all the teachers and together they formed a plan to help these students achieve the goal of getting into college. When these

sophomores eventually reached senior year, Johnston had each student sign a 1 foot

by 6 inch card and attached it to a large banner entitled: COMMITMENT. What these students were signing and committing to was graduating from high school and getting into a 4-year college. The banner with all the signature cards was hung up high so everyone could always see it. It was a constant reminder that "if I leave early or slack off, my name is on the Commitment Wall so I better get back in line."

In addition, the school built a large "mountain" and also placed it in a prominent and protected area. The mountain represented the journey to get into college. There were various 'base camps' leading up the mountain reflecting things students needed to do to get into college, like write a personal statement, fill out applications, etc. Each senior decorated their own card and placed the cards on the mountain at the point in which they were at in the college process. As they completed each task, they were able to move the card up the mountain. This allowed each student and administrator to see exactly where their students were in the college process. Those who were continually stuck at a certain point were able to get the help they needed.

Finally, the school would have celebration ceremonies to honor the students who were finally accepted into a college. Johnston asked that the oldest and most rickety of ladders be brought to the gymnasium along with a chair. The student would then pick 'Ladder Leaders' who would hold the ladder as they student climbed it to sign their name on the college acceptance board. Ladder leaders honored a few individuals who helped that student climb the life ladder to get into college knowing that it was also a rickety, uneasy ladder much like the one they would climb in the gymnasium. The students would stand on a chair and proudly announce to the school where they got accepted into college. Next, a DJ played their own "theme song" as the students ran down the aisle of applauding students over to the rickety ladder that was behind held by their selected Ladder Leaders. The student carefully climbs up to the acceptance banner and signs their name in front of all their peers.

Johnston felt it was not only important for this to happen in front of their peers but also front of middle school

students. One class was invited at a time from the middle school to watch each ceremony. By the end, the middle school students couldn't wait to get into college and pick their own theme song! Johnston successfully navigated all 43 seniors into a four-year college, and the goal they set out for originally had finally come to fruition.

These activities demonstrated two qualities to students that should not be forgotten: truth and hope. Truth because we don't want our students spending a lifetime looking for something that doesn't exist, and hope because without that they might not get out of bed at all. Johnston's words—not mine.

It takes an army of support to inspire change. Good things are happening on our campus and only great things are ahead. Do you believe?

With TLC Learn How to "Learn" - Ask Us Today!



Teaching & Learning Center Coordinators

Become a better learner!
Call 772-398-9990

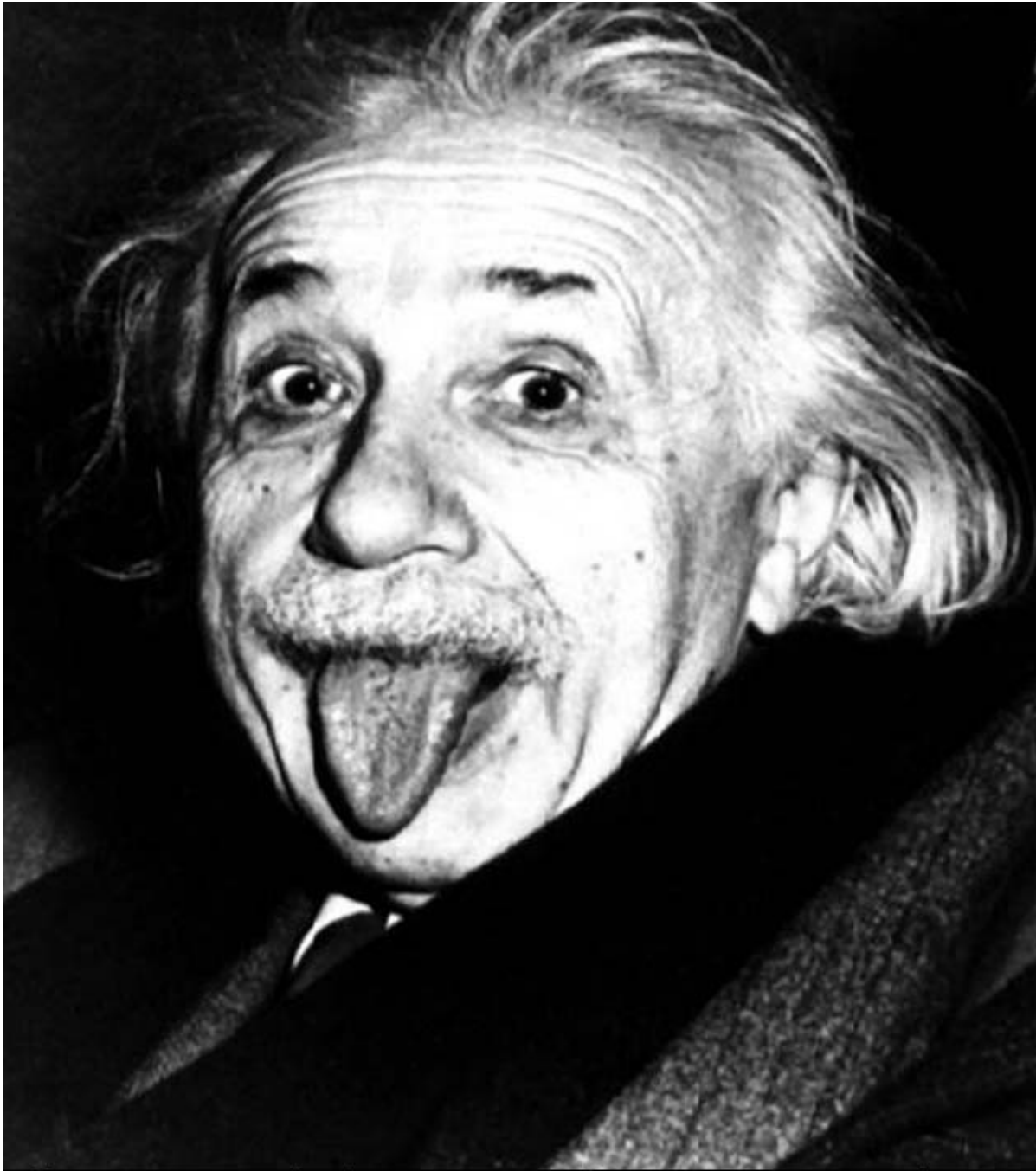
Dr. Sokol, Mr. Van Allan, and Mr. Walega can help you.

MATH TUTORING

Wed. 9am-1pm; 6pm-8pm

See front desk for Instructor and room, or call 772-398-9990





Albert Einstein

March 14, 1879 to
April 18, 1955
(76 y., 1 m., 4 d.)

Did You Know...

Einstein actually won his 1921 Noble Prize in Physics for the photoelectric effect. His theory of relativity was not only considered too radical for the powers that be, but almost no one in the world truly understood it at the time.

Source:
www.alberteinstein.com/einsteinfunfacts.html

In 1935, a rabbi in Princeton showed him a clipping of the Ripley's column with the headline "Greatest living mathematician failed in mathematics." Einstein laughed. "I never failed in mathematics," he replied, correctly. "Before I was fifteen I had mastered differential and integral calculus." In primary school, he was at the top of his class and "far above the school requirements" in math. By age 12, his sister recalled, "he already had a predilection for solving complicated problems in applied arithmetic," and he decided to see if he could jump ahead by learning geometry and algebra on his own. His parents bought him the textbooks in advance so that he could master them over summer vacation. Not only did he learn the proofs in the books, he also tackled the new theories by trying to prove them on his own. He even came up with his own way to prove the Pythagorean theory.

Source:
<http://bit.ly/EinsteinMath>

The reason Einstein has his tongue out in this picture, was to try and ruin the photo. After being hounded by photographers while he was trying to enjoy his birthday with friends, sticking out his tongue seemed like a good idea...

...Of course his plan to ruin the photo back-fired. Since Einstein already had the reputation for being a bit bizarre, the photo was just seen as another example of his charm, and it's now become one of the most famous pictures of Einstein ever taken.

And now you know.

DAILYRANDOMFACTS.COM





Submission Guidelines and Ideas

See the front cover for next submission deadline. **Earlier submissions will have priority placement. Entries may be made by Students, Faculty and Staff.**

Just a couple of ideas

- ◆ **Tell an anecdote** about what happened in class/lab or on a field trip; it must be "rated G."
- ◆ **Share your good news!** Expecting a baby? Just had a baby? Just adopted a child? Just got engaged? Just married? Related pix are always welcomed as *attachments*.
- ▶ **Pix may be included, as attachments**, of Students, Faculty and Staff for an article.
- **Ideas are limitless.** Submit what you'd like to share; if approved, it will be included.

ALL entries...

- ◆ *need to be attached to an email* at the below email address (.doc or .docx files only) OR as the body of the email.
 - ◆ *have a space limit.* Please submit at least a few sentences and **no more than 800 words.** Once approved for an issue, your entry will be a one-, two- or three-column piece.
 - ◆ *are subject to approval and editing for space, content, and grammar.*
 - ◆ *must have your first and last name AND* include either your **major (students)** or **job title (faculty/staff).** If more than one person authors it, we need everyone's info as described.
 - ◆ *are subject to holding for a future issue.*
- ~~ **Anyone at KUPSL may submit material from any department.** ~~

Submit articles to Samantha: SRatcliff@KeiserUniversity.edu



Scheduled Spirit Days for 2014

HOW TO PARTICIPATE

- **Wear approved apparel** (see below).
- **Pay \$1* (cash only) for each day of participation** in Lobby or Student Services.
- **Wear sticker on approved shirt.** Sticker places you back in dress code.

WHAT TO WEAR

- **A Keiser University logo shirt:** shows school spirit, hence "Spirit Day."
- **Jeans or Khaki Pants, or Mid-Calf Length Capris**
 - "Capris" shorter than mid-calf are considered shorts and not permitted.
- **NO SHORTS**
- **NO HOLES or RIPS IN PANTS/CAPRIS**

	TH	FRI
Aug.	21	22
Sep.	25	26
Oct.	09	10
Oct.	23	24
Nov.	20	21
Dec.	18	19

SPIRIT DAYS ARE SUBJECT TO CHANGE OR CANCELLATION, WITH OR WITHOUT NOTICE.
* No refund as this is a charitable event; proceeds go to a monthly charity or charities.

† Occasionally Student Services will have an optional "theme" for a specific Spirit Day(s). For this event, there's a choice: wear the Spirit Day Attire (above) OR the Option. An example is "wearing any non-offensive purple shirt for CUFF on _____ only."

View or download the *Exclusive* and/or our calendar online today!

www.KeiserUniversity.edu/Campus-Connection.php

SUI GENERIS You may have noticed the Latin in the *Exclusive's* seal. *Sui generis* means "of its own kind, unique." We like to think of our KUPSL family as a cut above the rest; hence the name *Exclusive*. You only need to talk to any of you to discover how truly *unique* each of you are!



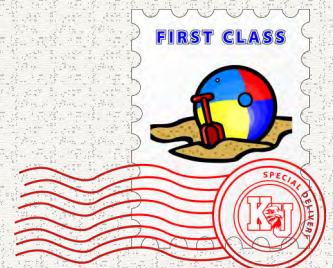
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Tell her if you want it...

- **ELECTRONICALLY:** Email Samantha from the email you want the subscription to go to. Faculty and Staff are automatically included on this subscription list via their KU email.
- **...Or in PRINT:** Faculty/Staff will have issues delivered to their mailboxes. Student "print-subscribers" will have their issues placed in their current instructor's box to have the instructor deliver to the student.

Cancel anytime by emailing Samantha and letting her know you want off the list.



A KEISER UNIVERSITY NEWSLETTER
the Exclusive
A unique perspective on our campus

10330 South US1, Port Saint Lucie, FL 34952

phone: 772.398.9990

DATE (S)	EVENT	LOCATION	TIME (S)	NOTES
5	Graduate Seminar*	Auditorium	1:00 pm 5:00 pm	Every student is required to attend Graduate Seminar within 4 months before graduating. Questions: See Leslie Haviland in Student Services *ALL students attending will attend LDP seminar below as part of the Graduate Seminar
5	LDP: Financial Success Strategies with Geoff Stam	Auditorium	1:00 pm	Sign up at the Student Services table in the Lobby. Need at least 5 people signed up before today to hold the class. THIS SEMINAR IS ONLY OFFERED 3x A YEAR. Plan to have 1.5hrs to attend this class. If attending Grad Seminar plan for 2hrs.
6	Last day to donate to the School Supply Drive for needy children of KUPSL's adopted school.			
11	SGA Meeting	Student Lounge	1:15 pm	Attend a meeting to join. Membership is FREE. Volunteer opportunities available. Online students and Alumni are always welcome.
11	Student Veterans Association (SVA) Meeting	Auditorium	1:15 pm	SVA meets every second Monday of the month.
12	LDP: Resume Writing and Cover Letter	140	1:00 pm	Sign up at the Student Services table in the Lobby. Need at least 5 people signed up before today to hold the class.
14	LDP: Leadership, Civic Responsibility & Professionalism	Auditorium	1:00 pm	Sign up at the Student Services table in the Lobby. Need at least 5 people signed up before today to hold the class. THIS SEMINAR IS WORTH 3 LDP CREDITS

Aug 19 & 21

Student Appreciation Days / Good Samaritan Raffle

Aug. 21: SPIRIT DAY CHALLENGE!

{The class with the MOST Spirit Day participation will win a pizza party!}

21 & 22	Keiser Spirit Day (\$1 required <u>EACH DAY</u> to participate)	Lobby or Student Services	Lobby Times: 7:00am-9:00am & 4:45pm-6:00pm	Wear correct Spirit Attire and pay \$1. Proceeds go to current charity/charities. (Unsure about attire? Consult the poster in the Lobby.) THIS IS NOT A FREE DRESS DOWN / JEANS DAY.
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SUMMER BREAK and LABOR DAY!!

Stay safe and have fun!

*** August 25-29; Sept 1 * Return September 2 ***

AUGUST 2014

S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

ALL calendar events are subject to change or cancellation with or without notice.

LDP = Leadership Distinction Program
SGA = Student Government Association

BIG APPLE PIZZA Thu @
Student Lounge 11:00AM



CASH ONLY
BY THE SLICE

\$1.50/Pepperoni
\$1/Cheese

THIS MONTH'S CHARITY*

Healthy Start Coalition

Dedicated to improving the health of pregnant women and babies. Services include breastfeeding and childcare education, smoking cessation, and nutrition services.

*Charities are subject to change or cancellation with or without notice.

View/download the newsletter or calendar online:
keiseruniversity.edu/student-services/campus-connection

This printed calendar is accurate as of: 7/17/2014